



The Library



Challenge



13 July – 14 Sept 2024

TASK IDEAS



BORROW

WELLBEING



FAMILY FOCUS



CONNECT WITH S.T.E.A.M



BEYOND THE PAGES

CLIMATE



FIND OUT



Gloucestershire
COUNTY COUNCIL



Supported using public funding by
ARTS COUNCIL
ENGLAND



SPORT
ENGLAND

The Library

Challenge



BORROW

What will you read?

Borrow books from your library
(Visit 3 times to get 3 task stamps!)

Choose whatever you like, and as many as you like!

Fact books, stories, comic books, tales about sport, animals, princesses, pirates, scary books, funny books, books with lots of words, books with lots of pictures... wherever your imagination takes you.

Don't forget, eBooks and eAudiobooks count too!

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WELLBEING



How can sport make you feel better?

YOU COULD:

- Take part in a sporty event taking place at a library.
- Try a new sporting activity – how did you feel after?
- Set yourself a challenge e.g. do 10 minutes of stretching every day for a week.
- Create a menu for an athlete, making sure the meals and snacks are both healthy and are well balanced.
- Make a music playlist of energising tunes to work out or wind down with.
- Keep an activity journal over the summer. Write about all the sports and activities you do, and how they make you feel before and after.

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FAMILY FOCUS



Get your family involved!

YOU COULD:

- Create a sporty story and share with your friends and family
- Ask friends and family what their favourite sports to take part in are.
- Create an obstacle course using things you have around the house.
- Create a new sport to play with your family or friends!
- Do a family workout together.
- Put on some music and have a dance party with your family or friends.
- Have a welly wrangling competition in your garden or nearby park with friends or family.

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CONNECT WITH S.T.E.A.M



**Connect with sport through Science,
Technology, Engineering, Art, and Maths**

YOU COULD:

- Design a new stadium for your favourite sport.
- How are people using technology to improve the sport? Design something you think would make playing or watching a sport better.
- Make a mini golf course using recycling and a club and ball out of newspaper.
- Build a model sports stadium using recycled materials.
- Collect sporty pictures from magazines and newspapers to create a cool collage.
- Design and create your own Olympic mascot out of anything you like.

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BEYOND THE PAGES

Take your challenge further. Get online!

YOU COULD:

- Have a go at the sport themed resources on our website.
- Have a go at a console fitness game or invent your own games – come up with a set of rules and invite others to play.
- Write a short sports report about a sporting event you watched this Summer. Did anything exciting or strange happen? Did anyone stand out as the best player? What made them stand out?
- Use Borrowbox to listen to a sporty eaudiobook or read a sporty ebook.
- Visit your favourite sports team's website – what's great about it? What would make it better?

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CLIMATE



Go Green!

YOU COULD:

- Go on a sporty themed treasure hunt around your local area.
- Think about how are sports teams trying to reduce their environmental impact? Can you think of any better ideas?
- Have a clean up relay! Pick up litter whilst running/walking.
- Create your own gymnastic routines using recycled items.
- Have a go at yoga – how many nature poses can you think of or find out about?
- Create an obstacle course with recycled materials.

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Challenge



FIND OUT

Delve deeper into the sports you love!

YOU COULD:

- Have a go at the quiz! Hand in to a member of the library team to be in with a chance to win.
- What's the wackiest sport you can discover? How do you play it?
- Find out about your favourite sports person – how did they get into that sport? What's their biggest achievement to date?
- Find about local sports festivals (such as Cotswold Olympics, Cheese Rolling, etc)
- Find out about the Olympic Games – How did it start? How many games/categories are there? How many countries around the world have hosted it?