

## Accessing Titles

We understand that visiting a library right now may be difficult. By joining online you can get **instant access** to eBooks and eAudiobooks, plus reserve books to collect from any library.

Visit [gloucestershire.gov.uk/libraries](https://gloucestershire.gov.uk/libraries) or any library, to join and borrow titles **free of charge**.

We hope these titles may provide support on the journey of coping with such traumatic experiences.

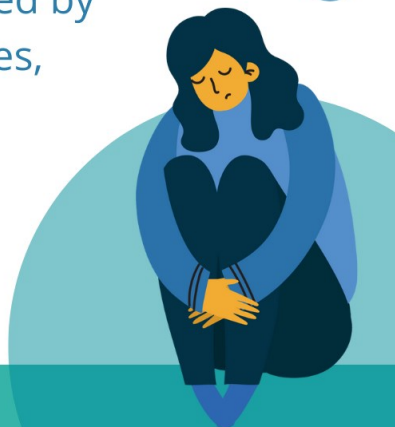
## Further Support

For support visit [footstepscandc.org.uk/help-and-support](https://footstepscandc.org.uk/help-and-support)

Discover more resources at [gloucestershire.spydus.co.uk](https://gloucestershire.spydus.co.uk)



Books available for anyone affected by fertility or pregnancy-related issues, traumatic birth or baby loss.



In partnership with The Library

## All titles available to borrow for free

### Fertility

It Starts with the Egg: How the Science of Egg Quality Can Help You Get Pregnant Naturally, Prevent Miscarriage, and Improve Your Odds in IVF	Fett, Rebecca (2019)	Book
Big Fat Negative: the essential guide to infertility, IVF and the trials of trying for a baby	Haslett, Emma & Griffith, Gabby (2022)	Book
Dare to Dream: My Struggle to Become a Mum	Judd, Izzy (2017)	Book, eBook, eAudiobook

### Coping with Grief and Loss

Grief works: Stories of life, death and surviving	Samuel, Julia (2018)	Book, eBook, eAudiobook
A Manual for Heartache	Rentzenbrink, Cathy (2017)	Book, eBook, eAudiobook

### Titles for Siblings

Rain Before Rainbows	Prasadam-Halls, Smriti (2020)	Book
Where Are You Lydie?	Poore, Emma (2019)	Book

### Postnatal Mental Health

'What Have I Done?: Motherhood, mental health & me'	Dockrill, Laura (2020)	Book, eBook, eAudiobook
---	------------------------	-------------------------

### Pregnancy and Baby Loss

Ask Me His Name: Learning to live and laugh again after the loss of my baby	Wright, Ellie (2019)	Book, eBook
The Brink of Being: Talking about Miscarriage	Bueno, Julia (2020)	Book
Hope and Healing after stillbirth and new baby loss	Gournay, Kevin & Ashcroft, Brenda (2019)	Book
Loving You From Here	Clark, Susan (2020)	Book
Men and Miscarriage	Gouveia, Aaron & MJ (2021)	Book, eBook
A Bump in the Road	Wright, Ellie (2021)	Book, eBook, eAudiobook
Dead Babies and Seaside Towns	Jolly, Alice (2017)	Book, eBook
How To Help Someone After a Miscarriage: A practical guide to supporting someone after a miscarriage, molar or ectopic pregnancy	Foster, Clare (2021)	Book
Still: A memoir of loss, love, and motherhood	Hansen, Emma (2020)	Book, eBook

### Termination

Pregnancy and Abortion: A practical guide to making decisions	Houghton, Mark (2020)	Book
---	-----------------------	------